

# Hot off the Press!!!

## Arnold Mindell's Latest Book!

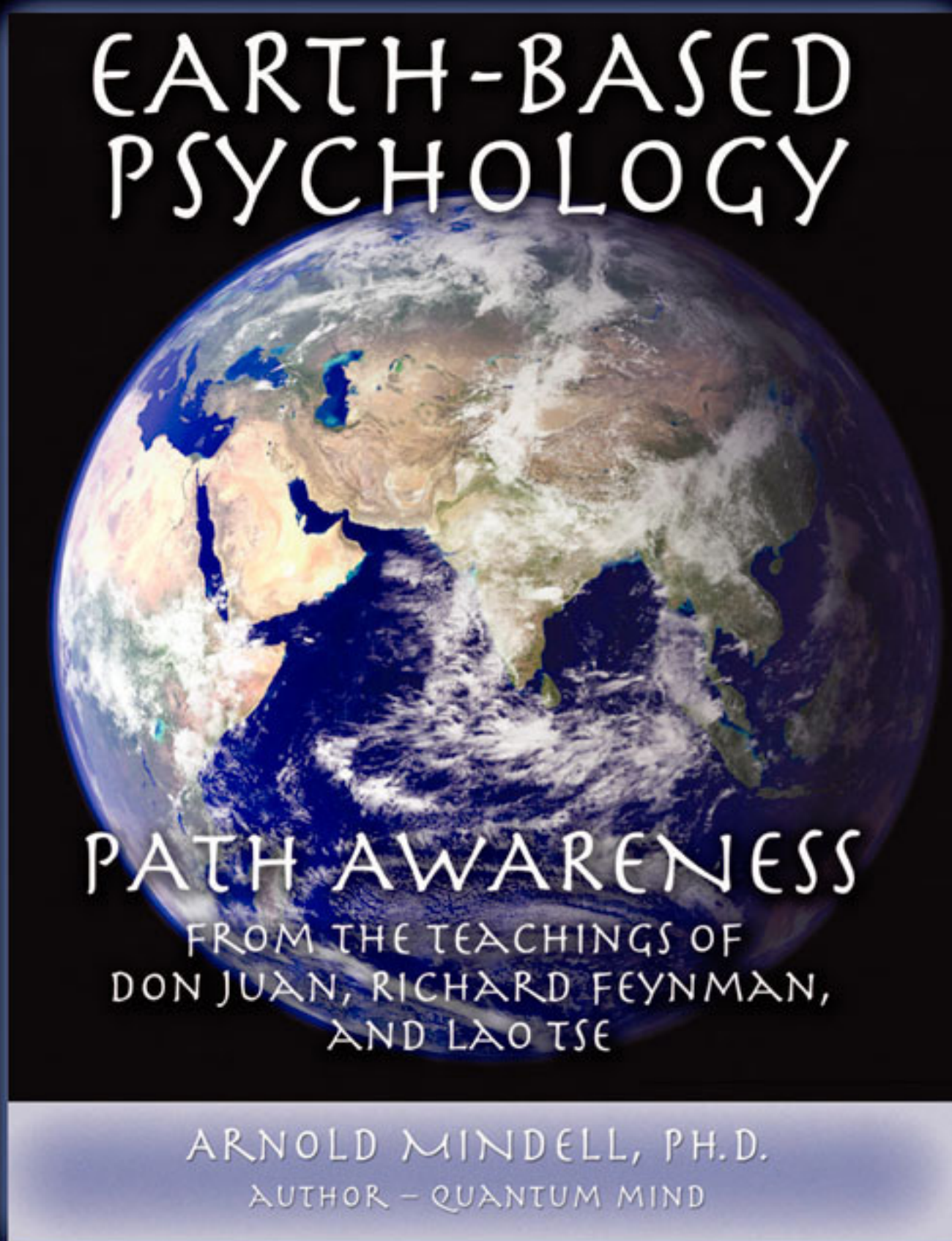


Salmon know how to swim back to the place they were born. Birds know how to fly south for the winter. Using path awareness, humans also know where to turn to find relief and wisdom. Using path awareness, humans can learn how to use the body's innate sense of direction and connection to the earth to show the way through difficulties and inner turmoil.

BUY YOUR COPY NOW FROM LAO TSE PRESS

contact: [leesparkjones@earthlink.net](mailto:leesparkjones@earthlink.net)

\*Please see sales details below



\*Please purchase your copy through Lao Tse Press at [leesparkjones@earthlink.net](mailto:leesparkjones@earthlink.net) and support Process Work's own publishing company. **Cost: \$17.95 + shipping.** Discounts available for bulk orders over 10 copies. Lao Tse Press has a book stall on Friday afternoons before Arny's classes at PWI, and at upcoming coastal seminars. The book will be available through Amazon and other major book retailers.